

## MASS INTENTIONS

## THIS WEEK

Saturday	5:00	Gennaro Tursi
Sunday	8:00	Audrey Moran, Louis Cartomagno, Edward J. Bresnahan, James DiDomenico Fr. Bob Kemmery, Parish Family
	9:30	Harry & Esther Folger
	11:00	Joanne Peterson
Monday	8:00	Frank Wuest
Tuesday	8:00	Jim Filliman
	5:00	Thomas Harrison
Wed	8:00	Edward J. McCormick
	Noon	Maggie Colquhoun
Thursday	8:00	Communion Service
Friday	8:00	The Reilly Family

## NEXT WEEKEND

Saturday	5:00	Alma & John Csaposs Mary & Ben McMahon
Sunday	8:00	Margaret & Timothy Cronin, Patrick & Mary McDonagh, Peter Esposito Henry & Mary Kolakowski Fr. Bob Kemmery, Parish Family
	9:30	Deacon Jerry Blood
	11:00	Eileen Casey Kelly

## PRAY FOR THE ILL OF THE PARISH

Flora Massa, Martin Coughlin, Loretta Stephens, Regina Zanis, Harry Marcoux, John Keane, Tris Windle, David Cousins, Lynne Scalia, Alex Podeszwa, Eileen Metterville, Thomas Stone, Nick Bartick, Pam Hedlund, Len Hedlund, Greg Morongell, Nora Gould, Edan Pearl, Anne Caruso, John M. Pollard, Peter Cruckshank, Bill Hannon, Ivy Davis, Maddy Hayes, Clare Stevenson, Joseph Nosari, Vincent Lencvewski, Jeffrey Wolfgang, Louise Francke, Joan Ouellette, Bev Sarazin, Tyler Benscoter, Agnes Wolfgang, Fr. Paul Smith, Marilyn Drewes, John L. Sullivan, Kameron Hardaker, Ray Castriotta, Julianne Sullivan, Robert Grudzina, Brenda Kowalski, Marge LaGrassa, Jim Lewis, Joyce Loechner, Frank Salomone, Paul Chamberlain, Pauline Laberge, Chad Larivee, Patrick McNulty, Dick Wentworth, Nuvia Downs, Karen Mary McNulty, Olivia Hart, Alex Haas, Patrick Devine, Carter Mock, Nancy Hurley, Gerry Csaposs, Peggy Carson, Ed Daly, Addie Priess, Tim McEnaney, Frank McCarthy, Andree Yager, Loretta Reiter, Paul Kasczak, Lolita Previd, Joe Conlan, Patty Camarra, Sue Waugh, James Manley, Betty Babcock, Thomas Murphy, Tom & Deb O'Connor, Chris Frazier, Melissa K., Claire Surprenant, Jayne Boyle, Vittoria Hillis, Baby Lillian Thoman, Jessica O., Fran McDonagh, Paul Hendrickson, Donna Hibbert, Margaret Royce, Beth Nixon, Maureen Hall, Anne O'Brien, Ben McMahon, Mark Dance, Gerry Moynihan, Bill Strakele

## PRAY FOR LOVED ONES IN THE MID-EAST

Brandy Nelson, Timothy Horigan, Scott Doucette, Michael Wilson, David Lucas, Sean Lucas, Peter Civita Shayne, Peter Cabral, Gregory DeLuca, Joshua Schmitt, Joseph Long, Brad Howard, Thomas Scudder, Jeffrey Stebbins, Phillip McDonough, David Wilcox, John Amick, David McDonald, Lt. Edward J. Maloney, Andrew Kelley, William James Miller, David Orloski, Stephen Tammaro, Michael L. Hamilton, Thomas Crawford, Aaron Charette, Nicholas McGahey, Edward Prufer, Christian Goodman

## PRAY FOR OUR DECEASED

Robert G. Leite

## COLLECTION RESULTS—THANK YOU

August 5 Regular	\$12,068.00
Peter's Pence	\$ 4,275.00

## MISSION CO-OP THIS WEEKEND

Welcome to Rev. Walter Gaudreau, who is speaking this weekend on behalf of the Marist Missions. Since its official recognition by the Church in 1836, the Society of Mary (Marist Fathers and Brothers) has committed itself to work in the southwestern Pacific, as well as areas in Africa, Asia and South America. Nearly 230 priests and brothers work in "bush stations", teaching in schools and seminaries and providing direct service to the poor, oppressed and marginalized. Your donations will help the Marist Missions to continue to witness to the Gospel.



## FEAST OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY

The Feast of the Assumption will be observed with a Vigil Mass at 5 p.m. on Tuesday, August 14, and Masses at 8 and noon on the Holy Day, Wednesday, August 15.

## BE STILL

All are invited to join us in the Chapel following the 8 a.m. Mass this Wednesday, August 15, for a period of reflection and stillness facilitated by Judy Burt Walker.

## KNIGHTS OF COLUMBUS PANCAKE BREAKFAST

The Knights of Columbus will hold a Pancake Breakfast next Sunday following the 8 and 9:30 a.m. Masses, serving blueberry, cranberry and plain pancakes, sausage, coffee and OJ — all for \$6 per adult; kids under 12 pay \$2.50 each, and those under 7 eat free, with a family limit of \$15. We look forward to serving you next Sunday.

## NEW DAY BEREAVEMENT PROGRAM

The St. Joan of Arc Bereavement Ministry is offering *A New Day*, a nine-week bereavement program designed to help you work through the natural process of grieving in a small group atmosphere of care and understanding. The program will be held in the SJA Parish Center from 12:30 to 2:30 p.m. each Wednesday from September 19 to November 14. Pre-registration is required. For more information or to register, please call 508-240-1119.

## BEREAVEMENT SUPPORT GROUP

The Bereavement Support Group will meet NEXT Sunday, August 19, at 4 p.m. in the Parish Center. The monthly presentations and round-table discussions provide information to assist the bereaved as they move forward with their new life. For further information, please call John at 508-240-0904, or Liz at 508-896-4916.



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### LOU SAVARY PRESENTATION

Why would God want humanity to keep evolving? What does evolution reveal to us about God? Join us in the church on Monday, August 20, at 7:00 p.m. to hear Dr. Lou Savary's insights on these questions and more as he explores the topic, *How Christianity Helps Explain Evolution . . . And Vice Versa*.

### FAITH FORMATION REGISTRATION NEWS

Even though summer is still in full swing, we are busy working on this year's calendar and registration. Many details are being discussed and planned for our program and we hope to share these with you during our registration mailing in the next few weeks. In the meantime, enjoy the remaining days of summer.

### OUR LADY OF THE CAPE INVITATION

All are invited to hear Sr. Kathleen Hagerty, CSJ, present *The Spirituality of Aging*, in the OLC Parish Center on Tuesday, August 28 at 6:00 p.m. Sr. Kathleen is a Sister of St. Joseph of Boston and has served as an elementary and high school teacher and hospital chaplain. Currently, she conducts aging and spirituality programs, and offers spiritual direction, workshops and retreats.

### DIOCESAN JOB OPPORTUNITIES

**Direct Care Staff** position at Hyannis homeless shelter, helping clients gain long-term sustainability while working on issues leading to homelessness.

**Case Manager** at St. Joseph House (emergency shelter for homeless) in Hyannis, requires a Bachelor's Degree, or at least 2 years human services/case management experience. Meet with clients weekly, attend Residentail meetings, ensure that all HUD documentation meets protocol, conduct client intake interview and assist residents. **For either position, call Karen Flashner at 508-742-7170.**

## NEED HELP?

**We can assist with  
food, shelter, medical, utilities.**

**Society of St. Vincent de Paul  
HELPLINE 508-255-8080**

### FOR WHAT DO YOU HUNGER?

You may be familiar with a disturbing report about the science of producing addictive junk food. One such report appeared recently in the *New York Times*. It asserts that makers of candy, sodas, and processed foods spend millions of dollars to develop new and 'improved' products guaranteed to *hook* us. Scientists look for the *bliss point*— the amount of sugar, salt and fat that will provide the pleasing taste – a taste and texture that will produce the craving needed to override our brain's ability to stop eating.

*Take Cheetos, for instance*, said one scientist who ticked off a dozen mouth-watering attributes of "*this marvelously constructed food*" which ultimately "*melts in the mouth leaving behind – you guessed it – no substance and therefore, seemingly no calories.*" According to the brain, you can keep eating them forever! The food industry is not forcing us to eat the junk food, but the truth is that we may be easily hooked because we are easily addicted – a behavior that extends far beyond an ordinary hunger. Our real hunger of course, is for that which is far more blissful – far more marvelously constructed – far more eternally satisfying. This is the hunger which Jesus addresses in today's Gospel.

Jesus challenges the *junk food* cravings of his 'murmuring hearers' – and our own '*Cheeto*' addictions. We prefer what gratifies immediately rather than what truly nourishes and sustains over the long term. We gravitate toward what is easy rather than what takes time and effort. It is easier to satisfy our own appetites rather than to consider the needs of others.

In calling himself the Bread of Life, Jesus is talking about much more than food – he's talking about that which nourishes and sustains over the long haul. He is speaking about *a way of being* that is life-giving, enduring, and soul-satisfying. He is offering an alternative to avarice, bigotry, and arrogance – negative qualities that are short-circuiting our taste for the holy; the eternal; the sacred. Today's Gospel confronts us with what we consume and what consumes us. *Time to take a hard look at your diet*, Jesus seems to say. Time to reassess what *fuels* our lives: to feast on the *manna* of God's compassion and justice – to break bread with one another in a spirit of gratitude and humility for the gifts of the earth God has entrusted to us for the good of all! It is time to find solace in friendship; comfort in prayer; reverence in nature; and joy in life. As we partake of the Bread of Life, may we become that life-giving bread for one another.